



## Leadership Skills


-  I am an Active Leader in training, starting my journey to get others active and boost wellbeing in my school community.
-  I understand the skills needed to be a good leader.
-  I understand how to use S.P.A.C.E. to help me lead safe and well-planned activities that get others active.
-  I can lead an active warm-up to help others get moving and feel full of energy.
-  I can set up a space that's safe and ready for helping others get active or play sports.
-  I can find, set up and organise the equipment needed for an active game or sports activity.
-  I can explain the rules and use clear communication during an active game or sports activity.
-  I can organise fair teams so that active games and sports activities run smoothly and everyone feels included.
-  I can be the referee or official in a sports game, helping everyone follow the rules and play fairly.
-  I have first aid awareness and can act if someone is hurt or unwell during activities.


## Leadership Challenges


-  I can invent and lead a brand-new active game or sports activity to get children moving.
-  I can create and lead my own personal best active challenge to help others improve their active skills.
-  I can lead a lunch or playtime quick-start active game or sports activity.
-  I can design and lead a sports or wellbeing poll to discover what others think and feel.
-  I can lead a sports or active wellbeing themed art activity.
-  I can organise and lead children to take part in an energising active mile.
-  I can lead a sports or active wellbeing quiz to test knowledge in a fun way.
-  I can adapt a sport to create a Paralympian-inspired activity that celebrates inclusion and determination.
-  I can lead a fun game that mixes movement with learning at the same time.
-  I can organise and lead a sports tournament that's fun and welcoming for everyone.

 I can use media to promote active, healthy lifestyles and celebrate everyone getting involved in sport and physical activity.

 I can help to plan and lead a health or wellbeing campaign to inspire others.


 I can help to organise and lead a school sports day event, supporting activities and encouraging everyone to take part safely and fairly.


 I can explore or support a community or extra-curricular Active Sport, Place or Mind activity and promote it to others.


 I can be a mentor, guiding and supporting newly trained Active Leaders as they begin their leadership journey.


## Leadership Awards

 I have been awarded Active Leader of the Week.

 I have completed Active Leader skills training and am ready to lead others and put my learning into action.

 **Bronze Leadership Award**  
I have completed four Active Leadership Challenges.

 **Silver Leadership Award**  
I have completed eight Active Leadership Challenges.

 **Gold Leadership Award**  
I have completed twelve Active Leadership Challenges.

 I am proud to graduate as an Active Leader.